

STUDENT GUIDE TO EARNING POINTS

Here's how to earn Points on your road to becoming a Student Ambassador*:



- Check the box for activities you want to report.
- Use the tally sheet on page 2 to add up the possible Points.
- Log in to your FuelUpToPlay60.com Dashboard, report the activities and watch the Points add up instantly.

CHALLENGES

New Challenges can be found every week on your Dashboard.
There are over **45,000 points** up for grabs throughout the school year!

<input checked="" type="checkbox"/>	2 Challenges 3,000	<input type="checkbox"/>	6 Challenges 9,000	<input type="checkbox"/>	10 Challenges 15,000
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GET THE WORD OUT

Promote Fuel Up to Play 60 and **Get the Word Out** to earn up to **10,000 Points!**

<input type="checkbox"/>	Create FUTP 60 flyers and posters	2,000
Work with your Program Advisor to:		
<input type="checkbox"/>	Present to students	2,000
<input type="checkbox"/>	Present to educators	2,000
Work without your Program Advisor to:		
<input checked="" type="checkbox"/>	Present to students	2,000
<input type="checkbox"/>	Present to educators	2,000

MINI-LESSONS

Make a positive impact by tackling a **Mini-Lesson** to earn you up to **30,000 Points!**

<input checked="" type="checkbox"/>	Leadership	6,000
<input checked="" type="checkbox"/>	Learning Connection	6,000
<input checked="" type="checkbox"/>	Student Teams	6,000
<input checked="" type="checkbox"/>	Food Insecurity	6,000
<input checked="" type="checkbox"/>	Pizza	6,000

CREATE A STUDENT TEAM

Create a Student Team with adults and students to help make healthy changes in your school.
PRO TIP: Earn 1,500 Bonus Points when you report working with a Program Advisor and 3+ students!
(The boxes to check this off will appear on your Dashboard after you log 30,000 points.)

<input checked="" type="checkbox"/>	Recruit 2 Students 3,000	or	<input type="checkbox"/>	Recruit 3+ Students 6,000	and	<input type="checkbox"/>	Recruit a Program Advisor 10,000
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THIS SEASON'S PLAYS

Play 1 2 Report how you helped implement **This Season's Plays** to earn up to **20,000 Points!** (Maximum of 2 plays per year.)

<input type="checkbox"/>	<input type="checkbox"/>	Lead a Play	10,000
<input type="checkbox"/>	<input type="checkbox"/>	Organize a Play	8,000
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Record What you Did for a Play	6,000
<input type="checkbox"/>	<input type="checkbox"/>	Recruit for a Play	4,000
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Participate in a Play	2,000

LAST SEASON'S PLAYS

Play 1 2 Report how you helped implement **Last Season's Plays** to earn up to **10,000 Points!** (Maximum of 2 plays per year.)

<input type="checkbox"/>	<input type="checkbox"/>	Lead a Play	5,000
<input type="checkbox"/>	<input type="checkbox"/>	Organize a Play	4,000
<input type="checkbox"/>	<input type="checkbox"/>	Record What you Did for a Play	3,000
<input type="checkbox"/>	<input type="checkbox"/>	Recruit for a Play	2,000
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Participate in a Play	1,000

*Student Ambassadors are leaders on a Fuel Up to Play 60 Team who work with a Program Advisor to rally other students and commit to leading healthy changes in a school.



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MY PATH TO BECOMING A STUDENT AMBASSADOR

Use this tally sheet to plan your path to becoming a Student Ambassador*!

- List out **the** activities you plan to report for each category, tally up the points you will earn, then add them up at the bottom!
- Be sure to report what you did on your Dashboard on FuelUpToPlay60.com, as well!
- The ultimate goal is **45,000 Points** – get out there and make it happen!

FIRST DOWN REACHING LEVEL 2 THE GOAL: 15,000	FIELD GOAL REACHING LEVEL 3 THE GOAL: 30,000	TOUCHDOWN REACHING LEVEL 4 THE GOAL: 45,000
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	MAX NUMBER OF REPORTABLE ACTIVITIES	MAX TOTAL OF POINTS AVAILABLE	MY NUMBER OF REPORTED ACTIVITIES	MY POINTS
CHALLENGES	1 New Challenge Per Week	45,000	2	6,000
GET THE WORD OUT	5 Ways to Get The Word Out Available	10,000	1- Posters and PSA announcements for the school	2,000
MINI-LESSONS	5 Mini-Lessons Available	30,000	5	30,000
CREATE A STUDENT TEAM	3 or more students and 1 educator	17,500	2 students to recruit	3,000
THIS SEASON'S PLAYS	Maximum of 2 Plays	20,000	<ul style="list-style-type: none"> • Participate in "Breakfast For Everyone" play • Record what I did 	6,000 2,000
LAST SEASON'S PLAYS	Maximum of 2 Plays	10,000	<ul style="list-style-type: none"> • Participate in "In-Class Activity Breaks" play 	1,000
MY TOTAL POINTS:				50,000 !!!

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THE NFL MOVEMENT FOR AN ACTIVE GENERATION

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