School Breakfast – Student Survey

1. What are the benefits of eating a healthy breakfast?

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Did you eat breakfast today? YES/NO

If yes, please write what you ate.

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If no, please state the reason why.

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1. Did you eat breakfast **at school** today? YES/NO

If not, why not?

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1. Do you ever buy foods at a store, fast food restaurant or vending machine to eat for breakfast? YES/NO

If yes, what kinds of food do you buy?

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1. How do you get to school, and how long does it take?
* Bus

\_\_\_\_\_\_ minutes

* Car

\_\_\_\_\_\_ minutes

* + - Walk

\_\_\_\_\_\_\_ minutes

* + - Other\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ minutes

1. What time do you get to school? \_\_\_\_\_\_\_\_ A.M.
2. Do you participate in before-school activities? YES/NO
3. Please list the kinds of foods you like to eat for breakfast.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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9. Have you taken advantage of the new [insert new program] breakfast offerings? YES/NO

If no, why not?

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Do you have any additional feedback?

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1. Did you eat breakfast today? YES/NO

If yes, please write what you ate.

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If no, please state the reason why.

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1. Did you eat breakfast **at school**? YES/NO

If no, why not?

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1. How often do you eat breakfast at school?

Daily Often Sometimes Seldom Never

1. Do you ever buy foods at a store, fast food restaurant or vending machine to eat for breakfast? YES/NO

If yes, what kinds of food do you buy?

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1. How do you get to school, and how long does it take?
* Bus

\_\_\_\_\_\_ minutes

* Car

\_\_\_\_\_\_ minutes

* + - Walk

\_\_\_\_\_\_\_ minutes

* + - Other\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ minutes

1. What time do you get to school? \_\_\_\_\_\_\_\_
2. Do you participate in before-school activities? YES/NO
3. Please list the kinds of foods you like to eat for breakfast.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Did you eat breakfast today? YES/NO

If yes, please write what you ate.

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If no, please state the reason why.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Do you ever buy foods at a store, fast food restaurant or vending machine to eat for breakfast? YES/NO

If yes, what kinds of food do you buy?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. How do you get to school, and how long does it take?
* Bus

\_\_\_\_\_ minutes

* Car

\_\_\_\_\_ minutes

* + - Walk

\_\_\_\_\_\_ minutes

* + - Other\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_ minutes

6. What time do you get to school? \_\_\_\_\_\_\_\_

1. Do you participate in before-school activities? YES/NO
2. If breakfast was offered at school, list the kinds of foods you would like.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. If breakfast was available at school, would you eat it? YES/NO/Sometimes

If not, why not?

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