Grab-n-Go Breakfast Comes to [Name of School]

Success: Grab it and Go!

Get Active. Eat Healthy. Make A Difference

What is it?

Grab-n-Go school breakfast is easy and fun. Students pick up a healthy breakfast, check in with the cashier and bring their breakfast to the classroom or common area to eat. Serving Grab-n-Go breakfast limits the morning rush when students get to school and gives them time to eat their meal without having to worry about being late for class.

Why school breakfast?

Breakfast is the most important meal of the day. Research shows that eating breakfast closer to instructional time has a greater impact on academic success. By serving breakfast at school, we can be sure that all students are ready to learn. Success starts with school breakfast

Students who eat school breakfast:

* Experience improved concentration
* Are better able to retain information learned
* Are more likely to participate in class
* Reach higher levels of achievement in reading and math

Students who eat school breakfast are less likely to:

* Be absent or tardy
* Have disruptive behavior problems
* Visit the nurse frequently

Food Research and Action Center, *Breakfast for Learning*, 2011

Grab-n-Go at [Name of School]

Location:

Service Times:

Price:

Other details:

**Devin McCourty**

NFL Player and Breakfast Fanatic

Breakfast in the Classroom Comes to [Name of School]

Success: Delivered to You!

Get Active. Eat Healthy. Make A Difference

What is it?

Breakfast in the classroom is easy and fun. Serving breakfast in the classroom reduces the morning rush and gives students time to eat their meal together while the teacher takes attendance, collects homework and completes other homeroom tasks.

Why school breakfast?

Breakfast is the most important meal of the day. Research shows that eating breakfast closer to instructional time has a greater impact on academic success. By serving breakfast at school, we can be sure that all students are ready to learn. Success starts with school breakfast.

Students who eat school breakfast:

* Experience improved concentration
* Are better able to retain information learned
* Are more likely to participate in class
* Reach higher levels of achievement in reading and math

Students who eat school breakfast are less likely to:

* Be absent or tardy
* Have disruptive behavior problems
* Visit the nurse frequently

Food Research and Action Center, *Breakfast for Learning*, 2011

**Devin McCourty**

NFL Player and Breakfast Fanatic

Breakfast in the Classroom at [Name of School]

Location: YOUR CHILD’S CLASSROOM

Service Time: AFTER THE BELL

Price:

Other details: A student breakfast champion will pick up breakfast at the cafeteria to bring back to his or her class

Devin McCourty

NFL Player and Breakfast Fanatic