**Choose at least one fruit or vegetable and two other items…For best nutrition choose all five!**

**Today’s fun fact**

**Choose one**

**Choose up to two**

**Choose up to two**

**Choose at least one Fruit or Vegetable**

**Choose one**

**Choose one**

**Choose one**

**Choose up to two**

**Choose up to two**

**Choose one**

**Today’s fun fact**

**Choose at least one fruit or vegetable and two other items…For best nutrition choose all five!**

**Choose at least one Fruit or Vegetable**