



The milk, yogurt, cheese, butter, ice cream, and other dairy products you enjoy start with cows on New Hampshire family farms. Boost your dairy farming knowledge with these fun facts!

WHAT'S YOUR NEW HAMPSHIRE MOO I.Q.?

NEW HAMPSHIRE DAIRY FARMING BY THE NUMBERS*

Number of dairy farms: **120**

Number of dairy cows: **12,500**

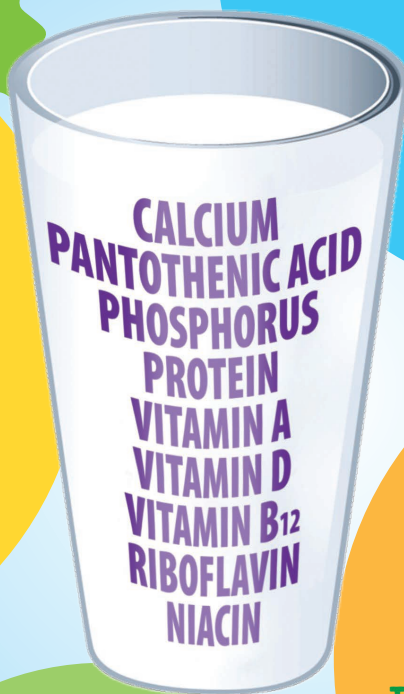
Acres of greenspace preserved: **10,700**



DAIRY HELPS KEEP YOU HEALTHY!

Each 8-oz. glass of milk includes

9 ESSENTIAL NUTRIENTS your body needs.



DAIRIES GO HIGH TECH

Some farms use technology like robots and **TRANSPONDERS** to help care for their cows.



COWS PROVIDE!

Each dairy cow produces

128 GLASSES OF MILK A DAY!

(That's 46,720 glasses a year!)

Milk goes from farm to fridge in **48 HOURS.**

VISIT WWW.NEWENGLANDDAIRYCOUNCIL.ORG TO LEARN MORE ABOUT DAIRY FARMS IN NEW HAMPSHIRE.



*Numbers are approximate.

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