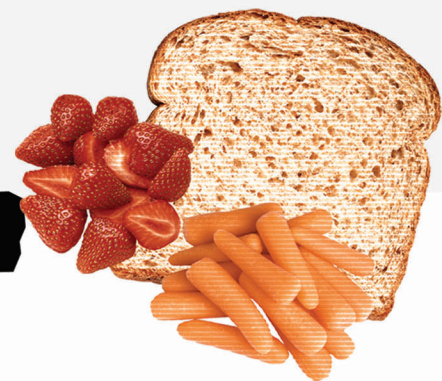
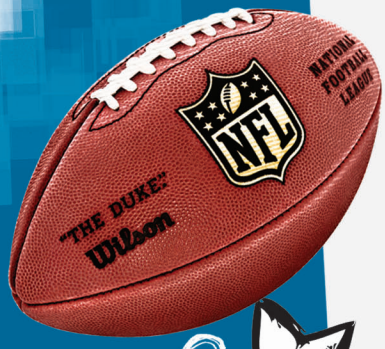




Drink Milk, Recycle and Be Active!

Americans use 4 million plastic bottles every hour- yet only 1 bottle out of 4 is recycled.<sup>1</sup>



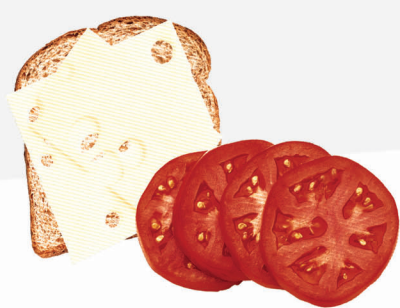
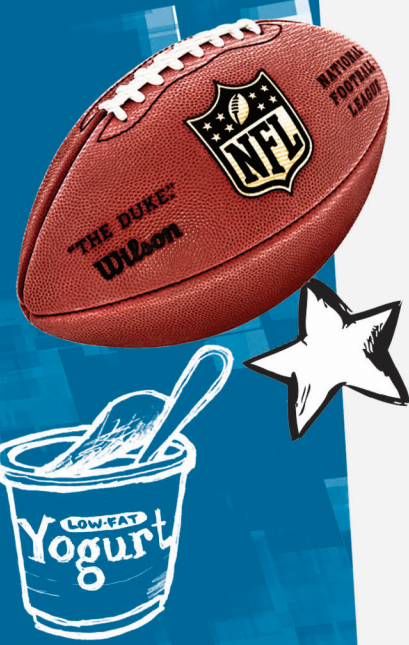
1. "Recycling Fact & Trivia", [www.ecy.wa.gov/programs/swfa/kidspage/trivia](http://www.ecy.wa.gov/programs/swfa/kidspage/trivia)





Drink Milk, Recycle and Be Active!

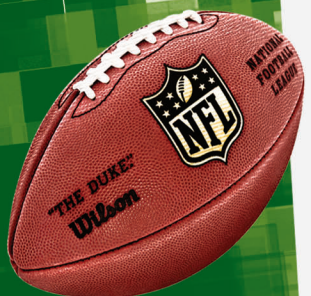
Five plastic bottles yield enough fiber to make an extra large T-Shirt.<sup>1</sup>



1. <http://www.midamericarecycling.com/content/1/documents/RecyclingProcessProductsBenefits.pdf>



Drink Milk, Recycle and Be Active!



The average lifespan of a plastic bottle disposed in a landfill is 700 years.<sup>1</sup>

1. [http://www.health24.com/medical/Condition\\_centres/777-792-1461-4884,65981.asp](http://www.health24.com/medical/Condition_centres/777-792-1461-4884,65981.asp)



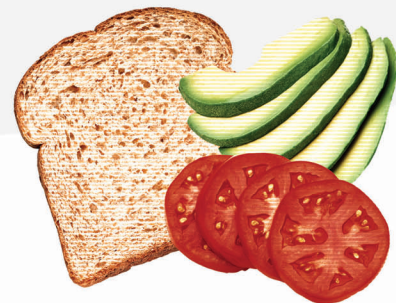


Drink Milk, Recycle and Be Active!

There are about 1,000 plastic milk jugs and other bottles in a recycled plastic park bench.<sup>1</sup>



1. <http://www.envirotechrecycling.com/News.aspx?id=37>



NEW ENGLAND DAIRY & FOOD COUNCIL\*

THE NFL MOVEMENT FOR AN ACTIVE GENERATION

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