Dear Teacher,

**Teachers in the Kitchen**

In 1919, the National Education Association and The American Legion teamed up to co-sponsor the first American Education Week as a way to generate support of public education and health needs. Today, this week long event offers Americans the opportunity to celebrate public education and honor individuals like you who are making a difference in ensuring that every child receives a quality education.

We invite you to submit recipe ideas for entrees and side dishes to be served in the school cafeteria at breakfast or lunch during American Education Week. Recipes should promote healthy eating and align with the 2010 Dietary Guidelines for Americans (Refer to the Dietary Guidelines tab on [Health.gov](http://health.gov/)). If your recipe is chosen, you will be our guest for a complimentary lunch on the day of your choice during American Education Week.

Or you may choose your favorite entrée or side already existing on the regular menu. We will name the recipe after you and invite you to make an appearance on the serving line when your recipe is being featured.

Please send your recipes or menu favorites to (xxx).

This is a great opportunity to teach a Food Groups nutrition lesson focusing on the Dietary Guidelines or MyPlate ([Choosemyplate.gov](http://www.choosemyplate.gov/)). Invite the Child Nutrition Director to show students how the Food Groups are included in the cafeteria menu.

The Educator section of [FuelUpToPlay60.com](http://www.fueluptoplay60.com/) has Nutrition Education Resources including lessons and activities that can be found under the Tools and Resources tab.

If you have any questions or would like more information about submitting a recipe, please contact me in the [Name of Town] Child Nutrition Office.

Sincerely,

[Name]

[Title]

[Phone Number]